

Chest Press

Model Number

UP166

Fall Height

Not required

Use Zone

9'-7" x 10'-6¾"



Product Description

Target full upper body strength by using the Chest Press Station. Users should sit on the chair, grab both handles and push out. This station provides a non-slip grip and isokinetic springs for a smooth workout. Intended for ages 13 and up.

Materials and Features

- Sleek silver and gray design
- Compliments any space
- Stainless steel hardware
- In-ground mount installation
- Rubber spring resistance
- Long lasting with little maintenance
- Constructed of durable materials and backed by the industry's leading warranty

Health Benefits

- Core fitness
- Muscle development
- Balance and flexibility